

08 Present Perfect Continuous *Presente Perfeito Contínuo*

► Quando usar

Usamos o Present Perfect Continuous para ações que começaram no passado e continuam até agora, enfatizando a DURAÇÃO (I have been studying for three hours) ou um efeito visível agora (You're sweating — have you been running?).

◆ ESTRUTURA EM BLOCOS



🕒 MARCADORES DE TEMPO *(palavras que entregam o tempo na prova)*

for since all day lately recently how long...?

► Conjugação · to love

Pronome	to love — conjugado
I	have been loving
you	have been loving
he / she / it	has been loving
we	have been loving
you	have been loving
they	have been loving

► Exemplos

AFFIRMATIVE *She has been loving the new car.* — Ela tem amado o carro novo.

INTERROGATIVE *Has she been loving the new car?* — Ela tem amado o carro novo?

NEGATIVE *She hasn't been loving the new car.* — Ela não tem amado o carro novo.

⚠ CILADA DE PROVA

É been, não being: ✓ has been working (não ✗ has being working). Diferença de foco: Present Perfect Simple = resultado (I've written 3 emails); Continuous = duração/atividade (I've been writing emails all morning).

🔪 Exercícios · Parte 1: múltipla escolha

1. Choose the correct sentence:

- A) She has being working all day.
- B) She has been working all day.
- C) She have been working all day.
- D) She been working all day.

2. Which sentence uses the present perfect continuous?
- A) He is studying English.
 - B) He has studied English.
 - C) He has been studying English.
 - D) He studied English.
3. Complete: I _____ been waiting for you since 9 AM.
- A) have
 - B) has
 - C) had
 - D) am
4. Choose the correct negative form:
- A) They haven't being playing well.
 - B) They not have been playing well.
 - C) They haven't been playing well.
 - D) They didn't been playing well.
5. What is the correct question form?
- A) Has he been working hard?
 - B) He has been working hard?
 - C) Do he has been working hard?
 - D) Did he been working hard?
6. Complete: She _____ been sleeping for ten hours.
- A) have
 - B) has
 - C) is
 - D) had
7. Which sentence is correct?
- A) We has been studying all night.
 - B) We have been study all night.
 - C) We have been studying all night.
 - D) We had studying all night.
8. Complete: My friends _____ been playing football.
- A) has
 - B) have
 - C) are
 - D) is
9. Negative form: 'He has been reading.' →
- A) He hasn't been reading.
 - B) He not has been reading.
 - C) He doesn't been reading.
 - D) He haven't been reading.
10. Choose the correct alternative: 'They _____ been working on this project for weeks.'
- A) has
 - B) are
 - C) have
 - D) is

§ GABARITO 1-B 2-C 3-A 4-C 5-A 6-B 7-C 8-B 9-A 10-C

🔪 Exercícios · Parte 2: complete as frases

Complete com Present Perfect Continuous:

- 1) I ____ (study) English for five years.
- 2) She ____ (work) here since March.
- 3) How long ____ you ____ (wait)?
- 4) They ____ (not / sleep) well lately.
- 5) It ____ (rain) all day.

✎ Exercícios · Parte 3: reescreva / combine

Reescreva na forma indicada:

- 1) She has been running. (negativa)
- 2) They have been talking. (interrogativa)
- 3) I have been reading. (negativa)

● PRODUÇÃO — agora é com você

Escreva 3 frases com 'I have been ...ing for/since ...' sobre seus estudos, hobbies ou trabalho.

§ Gabarito · complete e reescreva

Complete 1: have been studying

Complete 2: has been working

Complete 3: have ... been waiting

Complete 4: haven't been sleeping

Complete 5: has been raining

Reescreva 1: She hasn't been running.

Reescreva 2: Have they been talking?

Reescreva 3: I haven't been reading.

✓ Autoavaliação — "Eu consigo..."

- ☐ enfatizar a duração de uma ação até agora
- ☐ montar have/has + been + verbo-ing
- ☐ usar for e since corretamente
- ☐ diferenciar resultado (simple) de duração (continuous)

Marquei menos de 3 quadradinhos? *Volte aos exemplos e refaça as questões erradas antes de seguir.*

★ QUESTÃO DE PROVA · estilo ENEM / PAS

Tema transversal: Sustentabilidade / Ação

◆ TEXTO

Young people have been leading the fight against climate change. For several years, students have been organizing protests around the world. They have been demanding action from governments and companies. Scientists have been warning us about rising temperatures, and activists have been working hard to spread the message.

Adapted from a report on youth climate activism. Internet.

► Interpretação

1. According to the text, what have young people been doing?
 - A) They have been ignoring climate change.
 - B) They have been leading the fight against climate change.
 - C) They have been supporting pollution.
 - D) They have been working for companies.

► **Gramática · Present Perfect Continuous**

2. Which sentence is correct in the Present Perfect Continuous?

- A) Students have been organizing protests.
- B) Scientists have being warning us.
- C) Activists has been working hard.
- D) They have been demand action.

§ **GABARITO 1-B 2-A**

§ **Comentário das questões**

Questão 1 · Interpretação

- A) **They have been ignoring climate change.**
X O texto diz que eles lideram a luta contra a mudança climática.
- B) **They have been leading the fight against climate change.**
✓ **Correta.** O texto afirma: "Young people have been leading the fight against climate change".
- C) **They have been supporting pollution.**
X O texto mostra que eles cobram ações ambientais.
- D) **They have been working for companies.**
X Eles cobram ação de empresas e governos, não trabalham para eles.

Questão 2 · Gramática

- A) **Students have been organizing protests.**
✓ **Correta.** Estrutura: have/has + been + verbo-ing (have been organizing).
- B) **Scientists have being warning us.**
X O correto é been, não being.
- C) **Activists has been working hard.**
X "Activists" é plural e pede have, não has.
- D) **They have been demand action.**
X Falta o -ing: o correto é have been demanding.